

Words

Read the word first, then say it over and over until you can handle it pretty well. Seriously, say it over and over. Have someone else say it. If a new word is too hard go back to the previous slide and practice it a bit more before you move forward

At first, the word or words will be scrambled. Next the word or words will display correctly.

Here is an example. Can you guess the words?

meelsy tefe

smelly feet

**Ha ha, Just kidding, next will be the challenging words.
(Unless you fear smelly feet in which case you already
started.)**

tisp pu

spit up

egt skic

get sick

esput tsacohm

upset stomach

asmtoch uhtrs

stomach hurts

gga

gag

easuna

nausea

Sqauey

Queasy

arc skic

Car sick

doof opsinogni

food poisoning

lurh

hurl

afrb

barf

wtrho pu

throw up

ekpu

duke



Ha ha, just kidding. This dog is named Duke

Puke

Timov

Vomit

olwb hcunsk

blow chunks

priliteco vmito

projectile vomit

Strange Expressions

Sometimes people use indirect phrases to describe getting sick. Just in case these might trigger you practice saying them. I will list some on the next page.

**'Visual Burp',
'Toss Your Cookies'
'Going in Reverse',
'Chundering'
'Blowing Groceries'
and my favorite:
'Talking to Ralph about a Buick'
*(I know, makes no sense to me either)***